

Wheat Heads

Objective:

Children will plant wheat and observe it growing in a fun and original way.



What You Need:

Empty milk carton

Construction paper or other paper long enough to wrap around carton

Wheat berry seeds. You can find wheat berries in the bulk section of natural food grocery stores.

Soil mix

Colored pencils

Tape or stapler

What You Do:

1. Cut a milk carton in half and punch a couple of drainage holes in the bottom of it.
2. Cut a strip of paper large enough to wrap around the carton, no wider than the height of the cut carton.
3. Wrap paper around cut carton and fold the paper at the corners of the carton.
4. Draw faces on paper with colored pencils or crayons (ink pens run if they get wet). Make sure the children draw the faces in between the folds of the paper.
5. Fill with soil, plant wheat berries (seed) 1/4 deep and water.
6. Wrap paper with faces around the planted carton and staple or tape on.
7. Water every few days and watch your head grow hair!

For a great experiment, plant two and place one in the sun and one in the shade. Do they germinate at the same speed? Do they look the same? Do they grow at the same rates?